

COMPLEMENTARY AND ALTERNATIVE HEALTH CARE CLIENT BILL OF RIGHTS

Practitioner Name: Judy Steele, MTP (Master of Transpersonal Psychology)

Complementary and Alternative Health Care Title: Life Coach/Counselor; Energy Healer; Flower Essence Practitioner; Certified TAT® Professional; Sound Healer; Stress Reduction Consultant

Business Address: P.O. Box 281, St Louis Park (Mpls) MN 55426

Telephone Number: 612-590-3193 **Website:** www.judysteelemtp.com

Degrees, training experience, or other qualifications regarding the complementary and alternative health care being provided:

- Master of Transpersonal Psychology degree, Institute of Transpersonal Psychology, Palo Alto CA
- Intensive training in flower essence work at Flower Essence Services in CA, Alaskan Flower Essence Project in Homer AK, Korte essences (training was in Portland OR), Hummingbird Essences (training was in Northern CA), Australian Bush Essences (training was in Madison WI), Living Tree Orchid Essences (training was on the Isle of Gigha, Scotland) and other essence makers
- Intensive training in the Hawaiian wisdom and healing tradition (Huna) from Serge Kahili King on Kauai over two years, including Dynamind and Trainer Training; ordained as a Huna Alakai (leader)
- Intensive training in the Pachakuti Mesa Tradition of Universal Shamanism with don Oscar Miro-Quesada (ongoing)
- Intensive training in TAT® (Tapas Acupressure Technique®) from originator Tapas Fleming; certified as TAT Professional
- Intensive training in NLP (Neuro-Linguistic Programming) from originators Bandler, Grinder, and associates (to Trainer level). Additional hypnosis/NLP training with Ron Klein
- Intensive homeopathy training from the National Center for Homeopathy Summer School; Diplomate in Homeopathy from British Institute of Homeopathy
- Intensive training in Edu-Kinesthetics (now known as Brain Gym) with originator Paul Dennison and associates (to Advanced level)
- Healing Touch Training (through IIB)
- Training in EFT (Emotional Freedom Technique), TAB (Touch and Breathe), and TFT (Thought Field Therapy) from John Diepold
- ARCH (Ancient Rainbow Conscious Healing) training with originator Laurie Keako'a' Grant; received Master Healer certification
- Intensive Sound Healer training with Tom Kenyon
- Matrix Energetics training with originator Richard Bartlett (Levels 1 & 2)

20+ years of experience in using flower essences with counseling clients; 25+ years of personal and client experience with homeopathy; 10+ years of using the Huna technique of DynaMind with clients; 30+ years of personal and client experience with TAT; 25+ years' experience with NLP, including co-development, licensing and training trainers for four business-related training courses based on NLP principles and techniques.

40+ total years of experience in assisting individuals and groups to improve their skills and satisfaction with work and living (including consultations and training with business management teams and individual leaders/managers). See <http://www.judysteelemtp.com/about-us> for additional background.

THE STATE OF MINNESOTA HAS NOT ADOPTED ANY EDUCATIONAL TRAINING STANDARDS FOR UNLICENSED COMPLEMENTARY AND ALTERNATIVE HEALTH CARE PRACTITIONERS. THIS STATEMENT OF CREDENTIALS IS FOR INFORMATION PURPOSES ONLY.

Under Minnesota law, an unlicensed complementary and alternative health care practitioner may not provide a medical diagnosis or recommend discontinuance of medically prescribed treatments. If a client desires a diagnosis from a licensed physician, chiropractor, nurse, osteopath, physical therapist, dietician, nutritionist, acupuncture practitioner, athletic trainer, or any other type of health care provider, the client may seek such services at any time.

No supervisor.

Notice: Any client may file a complaint with the following office:

Name: Office of Complementary and Alternative Health Care
Health Occupations Program
Minnesota Department of Health
Address: PO Box 64975
St Paul MN 55164-0975
Phone: 651-282-5623 (Susan Winkleman)

Practitioner fees for unit of service:

\$99.00 per 60-minute session (in person or by phone), no matter what modalities are used.

\$350.00 for set of four 60-minute sessions (payable in advance or at first session),

\$57.50 for 30-minute session.

\$1.75 per minute for ad hoc phone sessions.

\$85.00 for creation of new flower essence formula without session.

\$50.00 for creation of new flower essence formula for current client outside of session.

\$20.00 for simple refill or for making up flower essence formula to client's specifications.

Client pays long-distance telephone and shipping/handling charges when these are needed.

Method of billing: Payment is due before or at the time the service is rendered. In-person payment methods are cash or check. Credit cards can be used in advance via PayPal on website <http://www.judysteelemtp.com/consultations> .

Note: The fee is due if an appointment is missed without 16 hours' notice. Exceptions may be made with at least 12 hours' notice, but no-shows are not acceptable and will be charged full fee.

Insurance companies that reimburse practitioners' services: None

Health maintenance organizations that practitioner is contracted with to provide services: None

Practitioner does not accept Medicare, Medical Assistance, or General Assistance Medical Care.

Practitioner may accept partial payment or may waive payment. This must be discussed on an individual basis prior to the session.

Notice: Clients have a right to reasonable notice of changes in service or charges.

The following is a brief summary, in plain language, of the theoretical approach used by the practitioner in providing services to clients.

Practitioner chooses from a broad range of understandings and techniques, depending on the client's needs and preferences.

- Transpersonal Psychology is an approach that includes both "Eastern" spiritual understandings and "Western" psychological understandings and techniques, in order to address the whole person: body, mind and spirit
- Tapas Acupressure Technique® (TAT) is a trauma and stress-clearing technique that involves the client holding certain points on his/her head while focusing on the issue to be cleared. This technique is now used widely in a variety of settings, including veterans' centers.
- Flower essence work is an energy-medicine modality involving the use of flower, gem and environmental energy patterns stabilized in water. The flower essence is typically taken by mouth from a dropper bottle. This work is based on a belief in and experience with the healing powers of these natural energies, and on extensive documentation of their uses and effectiveness (case reports).
- Homeopathy is an energy-medicine modality involving the use of plant, mineral and animal energy patterns that are diluted and potentized in water and then typically sprayed onto sugar pellets. Homeopathy is based on the principles of "like cures like" (a substance that can create certain symptoms on the physical level can heal those symptoms when prepared homeopathically), the infinitesimal dose (use of the smallest possible physical dose of the substance), and individualization of remedy choice (not based on the name of the client's condition, but rather on the unique set of symptoms presented).
- Dynamind is a fast-healing Huna technique developed by Serge Kahili King. It involves the client's intention, breathing, self-touch (tapping of energy points), and verbalization. Its use is based on extensive experience with the effectiveness of these techniques, both singly and in combination.
- Huna is a set of principles for living and techniques for healing derived from ancient Hawaiian tradition. Most of this practitioner's Huna work is done verbally, although some Huna healing techniques require touch of particular energy points.
- Neuro-Linguistic Programming (NLP) is a set of verbal-interaction techniques designed to clear negative mental/emotional patterns and to introduce more effective ones. These techniques were derived (by the NLP developers) from close observation of the successful practices of certain master performers, and validated through successful practice.
- Edu-Kinesthetics (also known as Brain Gym) is a set of techniques for balancing the mind/body/spirit system by means of client movements, changes of focus, and touch. Edu-K is based on the experience of the developers in working successfully with dyslexic and other learning-challenged children and adults.

- Sound healing uses voice and simple musical instruments to offer healing through sound vibrations.
- Healing touch is a set of energy techniques to facilitate self-healing, usually done with the client lying full-clothed on a table. The touch may be a light touch at energy points on the body, or hand movements in the client’s energy field.
- Matrix Energetics can effect profound change through compassionate, intentional access of the quantum field.
- ARCH (Ancient Rainbow Conscious Healing) is an ancient energy healing method from Hawaii taught by Laurie Keako’a’ Grant. It is described as “a quantum leap beyond Reiki.”

Notice: Clients have a right to complete and current information concerning the practitioner’s assessment and recommended services, including the expected duration of the services to be provided.

Notice: Clients may expect courteous treatment and to be free from verbal, physical or sexual abuse by the practitioner.

Notice: Client records and transactions with the practitioner are confidential, unless release of these records is authorized in writing by the client, or otherwise provided by law.

Notice: Clients have a right to be allowed access to records and written information from records in accordance with Minnesota Statute 144.335.

Notice: Clients have the right to choose freely among available practitioners and to change practitioners after services have begun, within the limits of health insurance, medical assistance, or other health programs.

Notice: Clients have the right to coordinated transfer when there will be a change in the provider of services.

Notice: Clients may refuse services or treatment, unless otherwise provided by law.

Notice: Clients may assert their rights without retaliation.

I hereby acknowledge receipt of the Client Bill of Rights and any attached documents incorporated therein, and I have had a full opportunity to ask any questions I have about this document and my rights as a client. I understand my rights as a client.

Client Signature

Date

Parent/Guardian

Date

Legal Relationship to Client _____